



Northeastern Catholic District School Board
Learn At Home Activities
Primary Students (Grades 1 - 3)

Art

Make a stamp using a vegetable (potato, carrot). Use regular paint or make your own (1 cup salt, 1 cup flour, 1 cup water, food colouring) to stamp out your design.

As a family, act out your favourite fairy tale (e.g, three little pigs, the ugly duckling). Make puppets or props if you wish.

Make a wind spinner. Draw a spiral on a paper plate or recycled cardboard. Cut along the line, decorate with signs of hope (rainbows, flowers), and hang outside.

Catholic Faith

Watch and sing along daily. HOPE | Kids Worship Song
https://www.youtube.com/watch?v=r_t5xitQjlc

Make up moves for the song and get other family members to move with you.

Write a quick little prayer for Earth Day and tell God how thankful you are for this beautiful present he has given us. Say it daily with other family members.

Physical Education

If you are in the mood to dance, click on the link below and follow the instructions:
https://www.ophea.net/sites/default/files/pdfs/music_moves.pdf

Using a deck of cards (numbered cards only), two people compete by each laying down one card at a time. The person with the smallest card must do a short exercise (your choice).

Take turns balancing on each foot and slowly lower yourself to touch the ground with one hand. Do this as many times as you can without falling over.

Week of April 27 to May 1, 2020